

## If an Active Member Tests Positive for COVID-19

### Suggestions for Follow-up and Member Notification

#### Preparation:

1. A Club officer should be designated **Point Person** for following-up on any positive COVID-19 cases within the Club membership. The Point Person would be responsible for communication with the infected member and for follow-up communication with the Club membership at large.
2. A proactive e-mail should be sent to all Club members upon their joining the Club. This e-mail should review the Club's COVID-19 related changes and precautions (**including the obligation to inform the Club if infected**), emphasize the importance of accurate contact information, request legible signatures on Hike Sign-in forms, and remind members that they choose to **"hike at their own risk."**
3. Having a form to provide guidance to the Point Person could be created, and would be helpful.

#### Communication, Fact-Finding, and Recommendations to Members:

1. If a member informs the Club that they have tested COVID-19 positive the following questions should be asked:
  - a. Is the member willing to have their identity released **within the Club only** in order to help members make informed decisions regarding their risk of exposure?
  - b. What was the **date of the positive test**?
  - c. In the **two weeks leading up to that date** in what, if any, Westerner hikes or events did the infected member participate?
  - d. Did the infected hiker carpool to a hike or event during this period?
2. Once it is determined which Westerners hikes /events the infected member participated in during that two-week period of concern, an e-mail announcement can be sent to the entire membership listing those hikes/events/ carpools that may have been occasions of **potential exposure**. This e-mail can also stress that **POTENTIAL EXPOSURE** is defined by the CDC as prolonged and close (less than 6 feet) contact with an infected individual.
3. Consideration could be given to individually informing those members who hiked in a group of ten, or carpooled with the infected member during that two week period. This will involve reviewing the necessary Hike Sign-in logs and, if needed, obtaining a list of fellow carpools from the drivers and/or the infected member.
4. The Club recommendations to the members could consist of:
  - a. Members who may have shared a hike within a group of ten, or carpooled, with the infected individual **must agree to avoid all Club activities for a period of two weeks from the date of the potential exposure**.
  - b. Members on the same hike but in a different group of ten may continue to participate in Club events, but should carefully monitor their health for a period of two weeks from the date of the potential exposure.
  - c. Members should be reminded **not** to hike if they are sick.
  - d. Members with potential exposures are encouraged to stay home.
  - e. And one more reminder that hikers, as always, **"hike at their own risk"**